

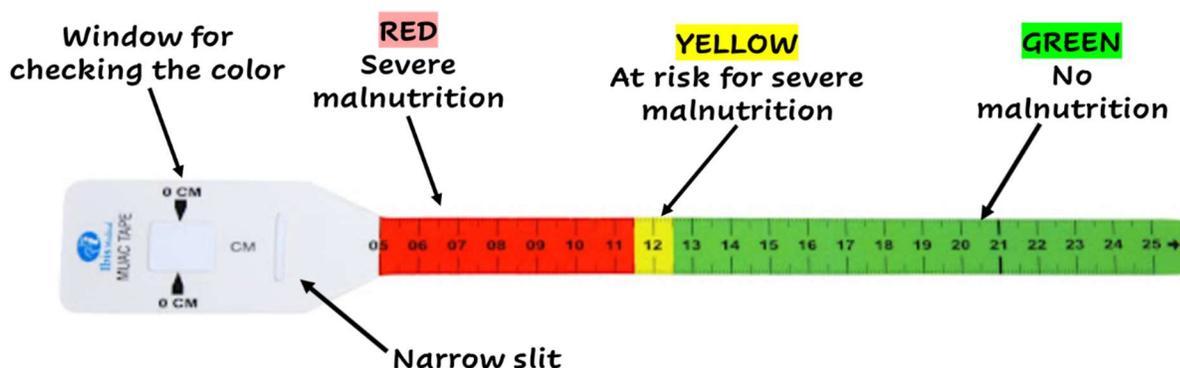
# MOMENTUM

## MODULE 7: MALNUTRITION



# HANDOUT

## How to use a MUAC tape



	<ol style="list-style-type: none"><li>1. Gently bend the child's elbow. On the upper arm, put the wide end of the tape to the shoulder and measure the length to the elbow.</li><li>2. Find the midpoint between the shoulder and the elbow.</li></ol>
	<ol style="list-style-type: none"><li>3. Gently straighten the child's arm.</li><li>4. Wrap the MUAC tape around the midpoint of the child's upper arm.</li></ol>
	<ol style="list-style-type: none"><li>5. Slide the pointed, green end of the tape through the narrow slit in the white portion of the tape (coming up from underneath the tape).</li></ol>
	<ol style="list-style-type: none"><li>6. Pull the tape until it fits snugly against the child's arm, neither too loosely nor too tightly.</li></ol>
	<ol style="list-style-type: none"><li>7. While holding down the white end of the MUAC tape, check the color between the two arrows. This shows the child's status.</li></ol>