



FACILITATOR RESOURCE

Facilitator's notes – Illustrative responses for role plays – POPs

Role play scenario 1: 41-year-old woman

- Assesses the risk of pregnancy and rules it out based on the fact that the client has used condoms consistently and correctly
- Determines the client's medical eligibility using the POPs screening checklist
- Client should be told what side effects to expect and how to manage them
- Recommends taking the pills with meals to reduce nausea symptoms
- Provides POPs, instructions on correct use, including what to do if pills are missed, information on warning signs, and information about resupply
- Reminds the client that POPs do not protect from HIV or STIs; if she wants protection, she will need to use a condom
- Asks her to repeat back to you how to use method, what to expect, and when to come back

Role play scenario 2: 23-year-old woman

- Addresses her husband's concern; provides information about POPs and breastfeeding and corrects misunderstandings
- Determines the client's medical eligibility using the POPs screening checklist
- Provides POPs, instructions on correct use, including what to do if pills are missed, information on warning signs, and information about resupply
- Reminds the client that POPs do not protect from HIV or STIs; if she wants protection, she will need to use a condom
- Asks her to repeat back to you how to use method, what to expect, and when to come back

Role play scenario 3: 27-year-old woman

- Assesses the risk of pregnancy and rules it out based on the fact that the client was taking the pills at time of last sexual intercourse
- Confirms the client's medical eligibility using the POPs screening checklist
- Discusses and reassures client on common POP side effects, particularly during the first few months of taking POPs
- Provides missed pill information: instructs client to take missed pills now, then continue taking one pill a day, and use a backup method for two days
- Continue taking pills at the same time every day with a daily activity (breakfast in this case) to help reduce spotting
- Reminds client on correct use, including what to do if pills are missed, information on warning signs, and information about resupply
- Reminds the client that POPs do not protect from HIV or STIs; if she wants protection, she will need to use a condom
- Asks her to repeat back to you how to use method, what to expect, and when to come back