



HANDOUT

Role play instructions – POPs

Provider instructions for role plays

Prior to the start of the interaction:

- Review the FP Role Play Checklist so that you are familiar with the behaviors that you are supposed to do and where they appear on the checklist.

Pretend that you are meeting the client for the first time. Pretend that there is a health center nearby to which you can refer the client, if needed. At this point, the client has made an informed choice to use the method we are role playing. Remember to:

- Address the reasons for the client's visit
- Help the client act on her or his decision(s)

Apply your prior experience along with what you have learned from the training and use job aids and tools as appropriate to address the client's concerns. If you think the client may need information on other contraceptive options, you do not need to offer information on specific methods at this point in the training. Saying "I can tell you about other contraceptive options" will suffice.

Observer instructions for role plays

Prior to the start of the interaction:

- Review the FP Role Play Checklist so that you are familiar with the behaviors that you are observing and where they appear on the checklist.

While observing the interaction between the provider and client, remember to:

- Use the Role Play Checklist and take notes in the "remarks" section on what happens during the interaction.
- Record how well the provider addresses the specific issues in the "remarks" section or on the bottom of the page. You will give feedback to the provider regarding how well he or she addressed the client's needs.

Pay particular attention to whether the provider:

- Helped the client manage anxiety or barriers related to gender or age/adolescence
- Provided information in a respectful and understandable way

Note: if the client needs information on other contraceptive options, the provider does not need to offer information on specific methods at this point in the training. Saying "I can tell you about other contraceptive options" will suffice.

Client instructions for role plays

Prior to the start of the interaction:

- Read the client role play scenario and make sure you understand your character's situation.
- Review the FP Role Play Checklist so that you are familiar with the behaviors that are expected of your provider.
- Tell the provider you need the method we are practicing. You do not need to share any details of your character's personal situation, but you should answer questions from the provider.

During the interaction, offer information *only* when the provider asks relevant questions. Use the information given in the role play scenario to respond to the provider's questions. Feel free to ask the provider any questions.

Role play scenarios – POPs

Role play scenario 1

You are a 41-year-old woman and have eight-year-old and 10-year-old sons. You are not sure if you still want to try for a daughter in the future. You used combined oral contraceptives (COCs) in the past and liked using them but sometimes felt nauseous using them. Because you are a heavy smoker, you stopped using the COCs at age 35. But a friend told you that there are other oral pills you can use.

- Your last monthly bleeding was 21 days ago.

Role play scenario 2

You are a 23-year-old woman who gave birth two months ago and have come to the shop to buy a few items. You use this visit to ask the provider about pregnancy spacing and using pills while you are breastfeeding. You do not want another child for at least two years.

- You are interested in POPs, but your husband is not in favor of the idea; he believes the pills could harm the baby through the mother's milk.
- You are fully breastfeeding and would like to do so until the baby is at least 6 months old.
- Your monthly bleeding has not returned.
- You have resumed sexual intercourse.
- You have no medical problems.
- You feel comfortable talking to your husband about contraception.

Role play scenario 3

You are a 27-year-old woman with two children, ages 2 years old and 6 months. You have been taking POPs that you buy over the counter for the last two weeks. You have been taking the pills every day but you've had several days of spotting in the middle of each cycle. When you told your friend about this, she suggested that something is wrong. You didn't take your pill yesterday and have come to the drug shop/pharmacy to get checked.

- You are overwhelmed with your two small children and do not want to become pregnant for at least two more years, maybe more.
- You last had sex nine days ago, but you were taking the pills.
- You do not think that you are pregnant, but you are concerned about the spotting.
- You were taking the pill in the morning with breakfast every day.
- You have no health problems.
- You and your partner do not have other sex partners.
- You stopped breastfeeding three months ago, and your monthly bleeding returned a week later.