



# FACILITATOR RESOURCE

## Facilitator's notes – Illustrative responses for role plays – ECPs

### Role play scenario 1: 21-year-old woman, sex night before last

- Client is eligible for ECPs (within 120 hours of unprotected sex, normal monthly bleeding)
- Client should be told how to use method
- Client should be told what side effects to expect and how to manage them
- Client's relationship is new; provider should have talked about using condoms consistently to protect against STIs as well as from unintended pregnancy
- Client should be asked if she would like to know about other forms of contraception for ongoing protection against unintended pregnancy, although she can continue to use ECPs and condoms if she wishes

### Role play scenario 2: Young woman who has been assaulted

- Client is eligible for ECPs (within 120 hours of unprotected sex, normal monthly bleeding)
- Client should be told how to use method
- Client should be told what side effects to expect and how to manage them
- Provider should reassure that the discussion is private and should ask client if she needs any other information on services that can help her
- If the client discloses that they are in need of gender-based violence or youth protective services, provider should give information/referral on where to go for help
- Provider should address myth that ECPs cause infertility

### Role play scenario 3: 14-year-old boy who had sex 3 nights ago

- Client is eligible for ECPs (within 120 hours of unprotected sex, monthly bleeding unknown but last menstrual cycle started recently)
- Client should be told that if the girlfriend's bleeding cycles are not regular, she may be pregnant. If she is pregnant, the ECPs will not harm the pregnancy
- Client should be told how to use method
- Client should be told what side effects to expect and how to manage them
- Provider should be respectful of client's vow not to have sex, but to gently discuss that the couple may want to seek ongoing protection from unintended pregnancy, just in case, and that the provider can counsel both of them on contraception that might be right for their needs
- Provider should have talked about using condoms consistently to protect from STIs and from pregnancy