



# HANDOUT

## Role play instructions – ECPs

### **Provider instructions for role plays**

Prior to the start of the interaction:

- Review the FP Role Play Checklist so that you are familiar with the behaviors that you are supposed to do and where they appear on the checklist.

Pretend that you are meeting the client for the first time. Pretend that there is a health center nearby to which you can refer the client, if needed. At this point, the client has made an informed choice to use the method we are role playing. Remember to:

- Address the reasons for the client’s visit
- Help the client act on her or his decision(s)

Apply your prior experience along with what you have learned from the training and use job aids and tools as appropriate to address the client’s concerns. If you think the client may need information on other contraceptive options, you do not need to offer information on specific methods at this point in the training. Saying “I can tell you about other contraceptive options” will suffice.

### **Observer instructions for role plays**

Prior to the start of the interaction:

- Review the FP Role Play Checklist so that you are familiar with the behaviors that you are observing and where they appear on the checklist.

While observing the interaction between the provider and client, remember to:

- Use the Role Play Checklist and take notes in the “remarks” section on what happens during the interaction.
- Record how well the provider addresses the specific issues in the “remarks” section or on the bottom of the page. You will give feedback to the provider regarding how well he or she addressed the client’s needs.

Pay particular attention to whether the provider:

- Helped the client manage anxiety or barriers related to gender or age/adolescence
- Provided information in a respectful and understandable way

Note: if the client needs information on other contraceptive options, the provider does not need to offer information on specific methods at this point in the training. Saying “I can tell you about other contraceptive options” will suffice.

### **Client instructions for role plays**

Prior to the start of the interaction:

- Read the client role play scenario and make sure you understand your character's situation.
- Review the FP Role Play Checklist so that you are familiar with the behaviors that are expected of your provider.
- Tell the provider you need the method we are practicing. You do not need to share any details of your character's personal situation, but you should answer questions from the provider.

During the interaction, offer information *only* when the provider asks relevant questions. Use the information given in the role play scenario to respond to the provider's questions. Feel free to ask the provider any questions.

## Role play scenarios – ECPs

### Role play scenario 1

You are a 21-year old woman who is seeking ECPs today. You have used them in the past, sometimes more than once a month. You had unprotected sex with your new boyfriend the night before last and want to use these pills again. The first day of your last menstrual bleeding was three weeks ago. When you have a steady relationship, you try to use condoms, but this is a new relationship, and you didn't have any around and hadn't expected to have sex.

- You don't know very much about your new boyfriend and don't know whether he has ever had an STI.
- Your monthly bleeding is almost always 27 or 28 days long.

### Role play scenario 2

You are a young woman. A few days ago, you were assaulted and raped, and you were not using regular contraception. You have heard about ECPs from friends and think you might need this in case you are now pregnant, but you are scared to take them because you think they might make you infertile and that it might not be safe because you smoke. You go to the pharmacy to find out more information. The pharmacy staff asks you questions. You begin to feel nervous and are reluctant to tell the pharmacy staff that you have been raped.

- You were assaulted. This happened 48 hours ago.
- The first day of your last monthly bleeding was two weeks ago.
- Your monthly bleeding is usually very regular.

### Role play scenario 3

You are a 14-year-old boy. You had never had sex until 2 nights ago. That night, you had sex with your girlfriend for the first time. You had not planned to have sex and neither of you had a condom. You are both worried that she might be pregnant, and she has asked you to come get the pills that prevent pregnancy.

- You don't know if your girlfriend's monthly cycles are regular; she said she had her last monthly bleeding one week ago.
- You both have decided that having sex before you are married was a mistake, so you will not have sex again and do not need other contraception.