



FACILITATOR RESOURCE

Facilitator's notes – Illustrative responses for role plays – COCs

Role play scenario 1: 17-year-old woman

- Determines the client's medical eligibility using the COCs screening checklist
- Client is eligible for COCs
- Client should be told what side effects to expect and how to manage them
- Provides COCs, instructions on correct use, including what to do if pills are missed, information on warning signs, and information about resupply
- Encourages her to be tested for STIs because boyfriend may have had an STI
- Explains the benefit of using condoms and offers couples counseling to support correct and consistent condom use
- Discusses benefits of healthy timing and spacing of pregnancies when she decides to have children
- Asks her to repeat back to you how to use method, what to expect, and when to come back

Role play scenario 2: 20-year-old woman

- Assesses the risk of pregnancy and rules it out based on the fact that the client took all active (hormonal) pills consistently and correctly.
- Confirms the client's medical eligibility using the COCs screening checklist
- Discusses common COC side effects, and offers reassurance
- Recommends taking the pills with meals to reduce nausea symptoms
- Suggests wearing supportive bra and using a pain reliever
- Provides missed pill information: instructs client to throw away the two inactive pills that she missed and take the next pill in her pack today
- Offers resupply or encourages the client to purchase a new pack of pills ahead of time
- Reviews the benefits of using condoms (dual protection) to prevent HIV/STIs
- Asks her to repeat back to you how to use method, what to expect, and when to come back

Role play scenario 3: 33-year-old woman

- Confirms medical eligibility for COCs using the screening checklist
- Confirms benefits of COCs (based on the client's responses, COCs are ideal because this method maintains a normal bleeding pattern, reduces cramping, and is reversible)
- Provides COCs, instructions on correct use, including what to do if pills are missed, information on warning signs, and information about resupply
- Explains the benefit of continuing to use condoms and offers couples counseling to support correct and consistent condom use
- Asks her to repeat back to you how to use method, what to expect, and when to come back